

**Subject Area Physical Education****Believe-Achieve-Belong****Intent**

"Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand."– Nelson Mandela

**The curriculum at St Michael and All Angels Catholic Primary School promotes curiosity and a love and thirst for learning. It is ambitious and empowers our children to Believe, Achieve and Belong.**

**At St Michael and All Angels Catholic Primary School, we are active!**

**Our intent is to educate the pupils to see the value of physical activity and give them the confidence, knowledge, skills and understanding to lead healthy, active lives and engage in competitive sports and activities so that they can Believe-Achieve and Belong.**

**We believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver fun, high-quality teaching and learning opportunities that enable children to develop knowledge, skills and vocabulary in a broad range of sporting activities. We provide the opportunity for intra school competitions that inspire all children to succeed in physical education and we teach children skills to keep them safe, such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum improves the wellbeing and fitness of all children at St Michael and All Angels Catholic Primary School, not only through the sporting skills taught, but through the underpinning values and disciplines Physical Education promotes.**

**Implementation**

**In the Early Years it is the first opportunity to see how a child interacts with their environment and how the environment influences them. Staff follow the Early Years Foundation Stage (EYFS) Statutory Framework which aims to guide children, to make sense of their physical world and their community by allowing them to explore, observe and**

**find out about people, places, technology and the environment – this is the first step of becoming a happy, active and healthy person.**

**Our aims are to fulfil the national curriculum for Physical Education through active and engaging lessons. Each unit of work is based on developing the skills and understanding of how to take part in a sporting activity and culminates in a performance or competition.**

**In Key Stage 1 our pupils learn the fundamental skills of Physical Education. Then in Key Stage 2 they develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.**

**Our long-term plan considers the opportunities for the children to represent our school in inter school competitions.**

**Our Physical Education curriculum at St Michael and All Angels Catholic Primary School has been designed using progressive and logically sequenced learning objectives, providing a variety of engaging, stimulating, enjoyable and challenging learning experiences, within 8 key areas.**

**These key areas are:**

**Athletics**

**Dance,**

**Games (fundamentals)**

**Gymnastics**

**Invasion Games**

**Outdoor and Adventurous Activities**

**Striking and Fielding Games.**

**Accessibility and Equal Opportunities**

**Please refer to the school's Equal Opportunities Policy, Accessibility Policy and Special Educational Needs Policy for further information.**

**All pupils have equal rights to access learning opportunities across the whole curriculum irrespective of ethnicity, religion, gender, disability or social circumstances. A wide variety of strategies can be used to ensure that teaching meets the needs of different groups of pupils. These include:**

- **differentiating lessons (through use of resources, tasks, level of support, outcome);**
- **using a range of teaching styles to match the range of learning styles represented in a typical class;**
- **ensuring the classroom environment is safe and secure and accessible for all.**

<p><b>Impact</b></p>	<p><b>The Impact of our Physical Education curriculum is measured through the pupils' competence to excel in a broad range of physical activities. This is evident in our Physical Education lessons and performances in intra/inter school sports competitions.</b></p> <p><b>We use both formative and summative assessment information in PE lesson. Our curriculum has key objectives and we have set out our expectations around these.</b></p> <p><b>We assess pupils' depth of understanding frequently and use this to forecast as to whether pupils are on track to meet our curriculum expectations. This process provides an accurate and comprehensive understanding of the quality of education in Physical Education.</b></p> <p><b>Monitoring</b></p> <p><b>The Subject Leader will monitor progress according to the monitoring timetable. Subject leaders are expected to monitor in the following way over the course of the academic year:</b></p> <ul style="list-style-type: none"> <li>● <b>Learning Walks;</b></li> <li>● <b>Co-coaching;</b></li> <li>● <b>Pupil Voice;</b></li> <li>● <b>Book scrutiny including learning logs;</b></li> <li>● <b>Planning scrutiny;</b></li> <li>● <b>Lesson drop ins</b></li> </ul> <p><b>Adequate notice should be given and provide a clear focus for any activity that is due to be undertaken. The outcomes of any monitoring activity is feedback to the SLT and staff through the relevant meetings.</b></p> <p><b>Progress should be clear over the course of each topic.</b></p> <p><b>Impact</b></p> <p><b>Our children will:</b></p> <ul style="list-style-type: none"> <li>● <b>to demonstrate flexibility, strength, technique, control and balance through a variety of physical activities;</b></li> <li>● <b>to engage in competitive and co-operative sports and activities, in a range of increasingly challenging situations;</b></li> <li>● <b>to work collaboratively as part of a team;</b></li> <li>● <b>to communicate effectively;</b></li> <li>● <b>to use initiative and problem-solving skills across a range of physical activities;</b></li> <li>● <b>to develop resilience to overcome personal barriers;</b></li> </ul>

- **to critically evaluate their own performances and demonstrate improvement to achieve their personal best;**
- **to lead healthy, active lives.**

**At St Michael and All Angels Catholic Primary School our children are active, happy and healthy children who can Believe-Achieve-Belong in the local and global world now and in the future.**