

Relationships and Self Identification

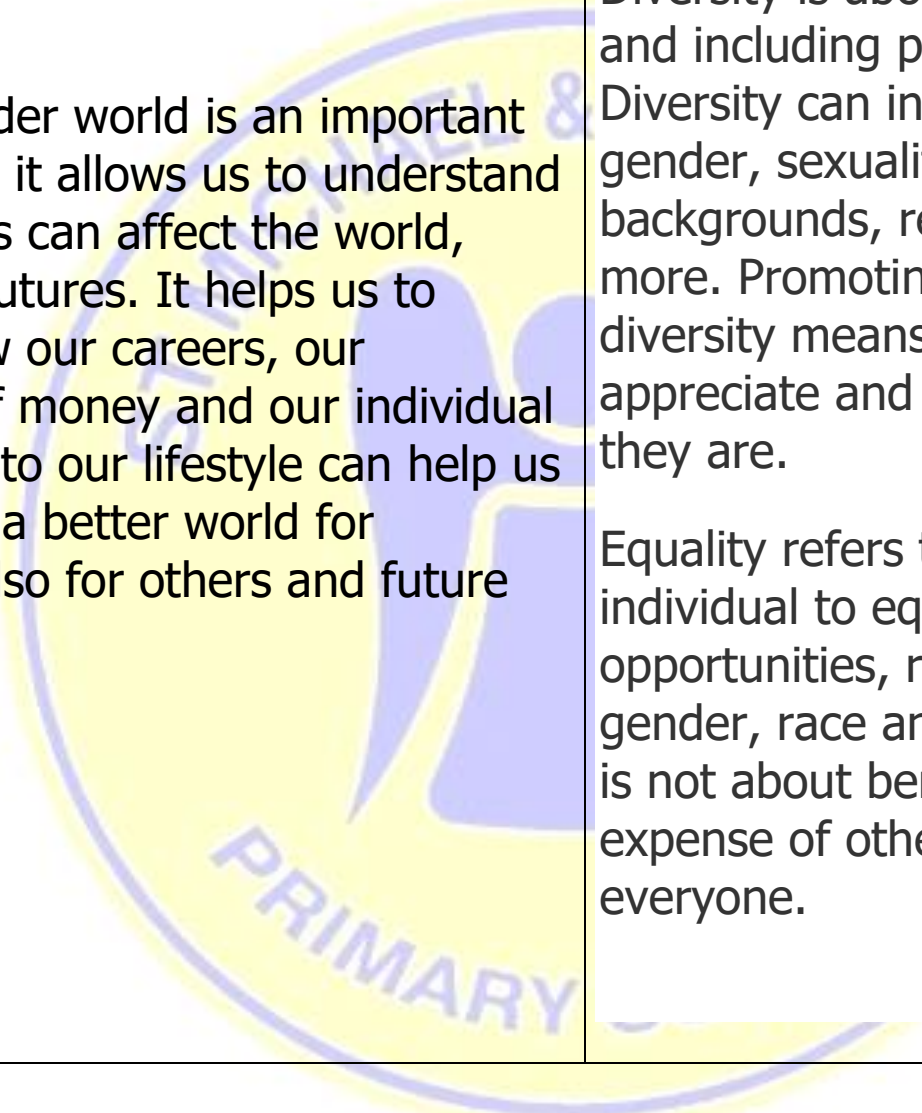
As a good citizen we recognise that over our lives we will have lot of different types of relationships. Examples of this can be seen through are ever changing relationships with our family members, our school friends and our community. Also, a good citizen we recognise and explore similarities and difference of those around us to form a well-rounded idea of, 'who I am?'

Health and Wellbeing

We recognise that to live a, long, fun and fulfilled life that we need to have good health and good mental wellbeing and to know how to keep ourselves safe. This will involve us eating a healthy diet, exercising, being mindful and be aware of the risks around us and how to reduce them.

Living in the Wider World

Diversity and Equality



Living in the wider world is an important part of PSHE as it allows us to understand how our choices can affect the world, people and or futures. It helps us to understand how our careers, our management of money and our individual choices related to our lifestyle can help us create not only a better world for ourselves but also for others and future generations.

Diversity is about embracing differences and including people from all walks of life. Diversity can include race, ethnicity, gender, sexuality, social and economic backgrounds, religious beliefs and much more. Promoting and encouraging diversity means to actively respect, appreciate and empower people for who they are.

Equality refers to the right of every individual to equal treatment and opportunities, regardless of factors like gender, race and social position. Equality is not about benefiting some people at the expense of others, but rather benefiting everyone.

Careers

Careers are jobs that adults spend a long time doing which are linked to their skills, interests and abilities. These jobs—such as lawyer, firefighter, or police officer—are what make a civilization work. This helps children to gain knowledge to make an informed decisions about their future.

Health

Health means caring for your body, so you have enough energy to learn, play and grow.

Money

Whenever people pay for goods or services, they use some form of money. Money can be almost anything, as long as everyone agrees on its value. Allowing

Emotions

Emotions are something that we feel from within or inside ourselves. Feelings never remain the same for too long, they keep changing. Recognising these emotions gives the children the opportunity to manage and appreciate these emotions

Respect and Tolerance

Respect means that you accept somebody for who they are, even when they're different from you or you don't agree with them. Respect in your relationships builds feelings of trust, safety, and wellbeing.

Tolerance is when you accept others who are different in their race, culture, habits, and even beliefs You can accept your friends no matter how diverse, or different, they are from you. It helps us to happier and more productive individuals.

Protected Characteristics

Protected characteristics are aspects of a person's identity that are protected under the Equality Act

children to understand how to earn, save, spend and invest money and how this impacts themselves and society.

2010. This law makes it illegal to discriminate against someone based on these characteristics, helping to promote a fairer and more equal society.

Health

Health means caring for your body so you have enough energy to learn, play and grow.

Similarity and difference

Similarity and difference is based upon an understanding of the complexity of people's lives, differing perspectives and relationships between different groups. Asking how similar or different... allows pupils to draw comparisons across people, their perspectives, motivations and actions helping children to develop a greater understanding of modern global society.

